



Year End Report 2023 / 2024



Here's to all volunteers, those dedicated people who believe in all work & no pay
– Robert Orben

Volunteers wear working boots but leave a trail of angel footsteps
– Terri Guillemets

It's easy to make a buck. It's a lot tougher to make a difference – Tom Brokaw

Volunteers are love in motion! – Author unknown



Elk Valley
HOSPICE
(Fernie & Area)

Elk Valley Hospice (Fernie & Area)

Annual General Meeting

April 30, 2024 6:00pm

Park Place Lodge - Spruce Room

Agenda

6:00pm Welcome & Introduction of Guest Speaker - Dr Susan Rohn - Presenting on Palliative Care in the Elk Valley and area

6:20pm AGM Call to Order Quorum met? (10% of members, including Board members)

Introductions

Approval of 2023 AGM Minutes

Presentation of Annual Reports:

- President - Elke Weber
- Treasurer – Annual Financial Report (year end March 31, 2024)
- Year Ahead - Coordinator, Jade Elford

Thank You to Outgoing Board Members

Call for Nominations:

- Slate of Nominations
- Election of Board Members

Any Other Business

- Vote - Proposed removal of Membership/Volunteer Fee

Adjourn



Elk Valley
HOSPICE
(Fernie & Area)

Elk Valley Hospice (Fernie & Area)
AGM
Thursday April 27th, 2023 7pm
Fernie Chamber of Commerce Boardroom

AGM Minutes

1. **Welcome and Introduction of Guest Speaker: Dr. Paul Michal**
2. **Present:** Elke Weber, Elin Holvik, Darcie Musil, Cindy Mylrea, Jennifer O'Donnell, Jade Elford, Premita Saran, Oz Parsons, Chelsea Smyth, Dayna Lidster, Sonya Sigler, Marianne Agnew
3. **Call to Order:**
7:42pm - Quorum Met
4. **Introductions**
5. **Approval of 2022 AGM Minutes**
Elin/Marianne
6. **Presentation of Annual Reports**
 - 6.1. President - Elke Weber - see report
 - 6.2. Treasurer - Jennifer O'Donnell (year end March 2023) - see report
 - 6.3. Overview of Year Ahead - Coordinator, Jade Elford - see report
7. **Thank You to Outgoing Board Members**
8. **The Existing Board is Removed**

9. Call for Nominations

Cindy nominates: Elke Weber, Karyn Morash, and Elin Holvik

Elke nominates: Chelsea Smyth, Dayna Lidster and Premita Saran

Dr. Paul Michal for education

All in favour for the election of Board members

10. Any Other Business

None

11. Adjourn

Meeting adjourned 8:18pm



Elk Valley
HOSPICE
(Fernie & Area)

Elk Valley Hospice (Fernie & Area)
Board Meeting - Post AGM
Thursday April 27th, 2023
Fernie Chamber of Commerce Boardroom

Minutes

1. Welcome/Call to Order

Called to order at 8:25pm

2. Election of Board Positions

President – Elke Weber

Vice President – Karyn Morash

Treasurer - Premita Saran

Secretary - Dayna Lidster

Client Intake/Volunteer Coordinator - Elin Holvik

Members at Large - Chelsea Smyth

3. Next Meetings

Monday May 15th, 2023 1pm - Elk Valley Hospital Boardroom

Wednesday June 14th, 2023 1pm - Elk Valley Hospital Boardroom

4. Adjourned

Meeting adjourned at 8:40pm

President's Report

2023/2024 has been a very busy year for Elk Valley Hospice. Jade Elford was hired as our coordinator and she was very busy organizing events, volunteers, creating policies and procedures, to name a few things.

Strategic Planning was high on our priority list and in August the Board came together with a facilitator from Columbia Basin Trust, resulting in a new vision "No one has to die or grieve alone". The workshop also resulted in identifying 5 key strategic goals which have given us focus and guidance for a few years to come.

1. Create a Financially Sustainable Organization
2. Increase Awareness of Elk Valley Hospice
3. Improve volunteer Retention and Recruitment
4. Provide more Community Education
5. Improve Governance

This year **volunteers** helped out with a couple of **community events**. At the Christmas craft fair volunteers were greeters at the door. Entrance was by donation which went to Elk Valley Hospice. About twenty volunteers stepped forward to help out with the beer gardens on the Saturday evening at Griz days. It was a chilly evening and the heaters in the beer tent kept us warm. A volunteer appreciation evening with snacks was held at Park Place in November. This was a social get together. We also held an Art for Self-Compassion workshop with guidance and supplies kindly donated by Laurie Scott and the Fernie Arts Station.

A few **community awareness** events that Elk Valley Hospice participated in were Rocky Mountain Village Community BBQ, Elkford and Sparwood's Community Information evenings for the public and a Heal your Heart grief workshop in Sparwood. As part of our strategic plan process we created a community survey that received a wonderful response. This survey was to get a feel from the public as to their understanding of our services and what they would like to see from Elk Valley Hospice.

Various much appreciated donations were received from a number of businesses and individuals throughout the year. Some of these donations were in the form of cash and others such as blankets, quilts and handmade items. Fernie Rotary, Interior Envy, Fernie Quilters Guild, Surerus Murphy, Arts Coop, Elk Valley Thrift Shop and many individuals. Thank you to all.

We are working closely with Interior Health's Whole Community Palliative Rounds to support individuals with a palliative diagnosis. These are weekly meetings which we have a Hospice Board member present each week. We have had record number of referrals this year for both End of Life and Bereavement companioning

A competition was held to name the Hospice room in the Elk Valley Hospital. We received a large number of submissions making it hard to pick a name. The winning name is **Whispering Winds** which was chosen by a group of individuals including Hospice Board members and IH employees. The winner is **Sadie Howse**. Sadie will be receiving a gift certificate for \$100. To a local business of her choice.

Education was high on our to do list and we were able to get an instructor from Canal Flats, Daneve McAffer to facilitate. The courses that were offered were Companioning the Dying & Companioning the Bereaved at the College of the Rockies and Heal your Heart workshop was offered in Sparwood. All were well attended. Thank you to Daneve McAffer for all her expertise, knowledge and kind words.

A very exciting project is in the making – Wind Phones or Telephone of the wind. A wind phone is a phone which is connected to the wind. A disconnected phone set in nature and quiet. It provides people in grief a way to express their feelings, share memories and to say the goodbyes they never had a chance to. We are looking at installing a wind phone in four of our communities that we serve. Letters and in person presentations have been made to Elkford, Sparwood, Fernie and RDEK with much expressed interest from all. At this time a committee is being set up and we are establishing locations and design. More to come on this in the coming year.

In closing I'd like to thank all our fabulous volunteers whether you are helping out with events, at the kiosk or companioning. Also, to all my fellow Board members, thank you for your ideas, input and passion. To all the businesses and individuals who donated items, monetary donations, in kind or various supporting ways. I thank you all. We would never be able to do all we do without you.

Thank you.

Elke Weber – President

Elk Valley Hospice (Fernie & Area)
Balance Sheet
As at March 31, 2024

	<u>2024</u>
Assets	
Current	
Operating Account	\$ 40,246.02
Restricted Funds	
Hospital Bed and Mattress	15,000.00
Education - Companionship the Bereaved	1,500.00
Education - Grief Training	6,750.00
	<hr/>
	23,250.00
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	63,496.02
Gaming Account	27.06
Bank Shares	6.73
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Total Assets	\$ 63,529.81
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Liabilities	
Accounts Payable	\$ -
Equity	63,529.81
Total Liabilities and Equity	\$ 63,529.81
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Premita Saran
Treasurer

**Elk Valley Hospice
Income Statement
April 1, 2023 to March 31, 2024**

REVENUES	Year ended 1/31/24	2023 Budget	Year ended 3/31/23
Grants	\$ 12,379.28	\$ 12,385.00	\$ 9,278.54
Donations/Fundraisir	35,713.17	15,000.00	11,053.83
Kiosk Sales	1,251.00	2,500.00	1,602.00
Membership	540.00	500.00	455.00
Interest	7.59	10.00	7.23
TOTAL REVENUE	\$ 49,891.04	\$ 30,395.00	\$ 22,396.60
EXPENSES			
Bank charges	\$ 617.70	\$ 200.00	
Contract	20,183.25	24,000.00	-
Donor Recognition	-		
Education	2,484.34	5,000.00	4,014.23
Events /AGM	1,006.20	1,000.00	373.84
Filing Fees	40.00		
Insurance	743.00	750.00	730.00
Kiosk	744.62	200.00	
Library	-		
Membership/Subscri	648.90	500.00	249.00
Office	434.09	400.00	491.11
Promotion	1,573.64	500.00	
Renovations to Hosp	27,562.10	500.00	315.00
Seminars/Strat Planr	2,517.14	5,000.00	
Supplies	45.92	100.00	
Travel	-	500.00	
Vol.Appreciation	522.39	1,000.00	157.76
Website	240.98	300.00	1,669.02
TOTAL EXPENSES	\$ 59,364.27	\$ 39,750.00	\$ 7,999.96
NET INCOME/LOSS	-\$ 9,473.23	-\$ 9,355.00	\$ 14,396.64