



Year End Report 2022 / 2023



Here's to all volunteers, those dedicated people who believe in all work & no pay
– Robert Orben

Volunteers wear working boots but leave a trail of angel footsteps

– Terri Guillemets

It's easy to make a buck. It's a lot tougher to make a difference – Tom Brokaw

Volunteers are love in motion! – Author unknown

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Mission

- ❖ Supporting individuals and their families during end-of- life experiences

Vision

- ❖ A valuable resource in palliative care

Our Guiding Principles

- ❖ Person and family centered
- ❖ Non-judgmental
- ❖ Respectful
- ❖ Confidential
- ❖ No religious affiliation

GOALS AND KEY PERFORMANCE INDICATORS

Two Key Priorities:

1. HELP – we are here to serve our clients & their families
2. Raise Awareness of Hospice (which in turn helps us raise funds & recruit volunteers)

Other Priorities:

- ❖ Communication
- ❖ Education
- ❖ Sharing
- ❖ Caring
- ❖ Growth
- ❖ Learning
- ❖ Long term financial viability

Current Board of Directors

President – Elke Weber

Vice President – Karyn Morash

Treasurer – Jennifer O'Donnell

Secretary – Cindy Mylrea

Director Events – Vacant

Director at Large – Dr Paul Michal

Director & Client Intake – Elin Holvik

Director – Jordan Morash

Director – Darcie Musil

President's Report

Priorities in 2022, as in previous years, are continuing to serve our clients, their families and communities, raising awareness of Hospice, focusing on education of our volunteers as well as members of the communities of Elk Valley.

Some of this year's accomplishments include our "new look" website being completed. You can now submit a referral form, make a donation, ask questions and renew your membership on the website. There will also be more posting on our website in the coming year.

Renovations to the Hospice room have been completed. This includes a new bathroom with wheelchair access, all walls repaired and painted with new friendly colours, kitchenette has a new sink, plumbing fixtures, counter top, new dishes and appliances. There is also new artwork on the walls. Thank you to Cindy Mylrea for making this happen.

The Crossing kiosk in the Elk Valley Hospital continues to operate with the main goal being an information centre. Thank you to Elin Holvik for all the time, effort and work she puts into organizing, running and getting volunteers for The Crossing.

Members of Elk Valley Hospice Board are attending weekly meetings of Whole Community Palliative Care Rounds. "Inter-professional Whole Community Palliative Care Rounds are a regular, local communication method that facilitates a whole care-continuum discussion about person and family centered care needs. It enables the inter-team to collaborate on a weekly basis to offer their collective clinical expertise and knowledge to address the immediate palliative needs of persons and families brought forward for consultation." Being part of this valuable team allows us to identify and see clients and their families earlier on in their end of life journey.

In October we held a Companioning the Dying course at the College of the Rockies, with 13 participants. The course material and instructors were from Columbia Valley Hospice. A big thank you to Daneve McAffer, her team and College of the Rockies for their support.

We are offering the same course next month, May 5,6 & 7th. The course is free of charge to all Hospice volunteers and members in good standing. This course will once again be taught by Columbia Valley Hospice because at this time we do not have our own instructors.

We have been fortunate this year to receive funding and donations from various sources. Interior Health, 100 Women Who Care, Surerus Murphy Pipeline Construction, Griz Days Beer Gardens, Griz Days Jail Bail, Fernie Brewing Cheers to Charity. With these donations and fundraising we are able to continue to offer, to name a few, our services, upgrade equipment, hire a part time person and continue to give out free copies of: A Caregiver's Guide, My Voice – Advanced Care Planning Guide and Information Guide on Death and Dying.

And last but not least we have hired Jade Elford. We had an overwhelming response for this position and the decision was difficult but we truly believe we have hired the absolute best. Some of Jade's tasks for this part time position include coordinating day-to-day operations, manage social media, website, public relations, initiate, develop and maintain partnerships, community relations, fundraising, grant applications, communication with the public, project management, filing reports, volunteer recruitment and retention, organise meetings, education for volunteers and general public to name a few of the duties.

In closing I would like to say that none of what we do is possible without our volunteers. Without all of your valuable gifts of time, energy and compassion, we would not be able to function. What you do is invaluable and very much appreciated. Thank you from the bottom of my heart. Also, a big thank you to my fellow Board members for their hard work, time and commitment to making this another successful year.

- Elke Weber

Treasurer's Report

Please see attached Annual Financial Report

Coordinator's Year Ahead

Key objectives for 2023 / 2024 are to support the Elk Valley Hospice Board with:

1. Strategic Planning inclusive of the Board, volunteers, community partners and community members
2. Community events, education & building awareness of Hospice services in all of our Elk Valley communities
3. Grant applications & fundraising for Hospice services
4. Recruitment, engagement & appreciation of Volunteers and Donors

1. **Strategic Planning inclusive of the Board, volunteers, community partners and community members**

Now that we have fully emerged from the Covid-19 pandemic and our services are once again able to be provided in person, it feels timely to review our organization and undertake some Strategic Planning. We are currently exploring Facilitator options to assist us with this process and hope to commence planning before the summer.

2. **Community events, education & building awareness of Hospice services in all of our Elk Valley communities**

Information tables at key events in all Elk Valley communities.

With the Board, explore the creation of an annual, signature Elk Valley Hospice event.

Community Course Offerings:

- Companionship the Dying - May 5, 6 & 7th, 2023
- Bereavement Course
- Advanced Care Planning

Social Media & Website:

- Create and share valuable and timely content that helps community members understand Hospice, Palliative and Bereavement Care Services

Education of our services with our Health Care Professionals:

- Participate in WCPR 1 Year Celebration - information table
- Information sharing with all GP Offices & Elk Valley Hospital staff - providing referral forms, and overview of scope of services

The Crossing Kiosk:

- Provide support to the Kiosk operations and services
- Support Elin to source merchandise for donation and consignment

3. Grant applications & fundraising for Hospice services

Potential Grant applications:

- RDEK - Multi-Year Grant Discretionary Grant - Care Baskets/Care Cart
- CBT - Community Development Program - Wind Phone

Potential Community Fundraising Events to be host/be part of:

- Swimathon
- Wapiti Security
- Rotary Ribs Night
- Fernie Christmas Craft Fair - Front door (confirmed)
- Griz Days 2024

4. Recruitment, engagement & appreciation of Volunteers and Donors

Recruitment & Engagement:

- Volunteers, members and donors are welcomed to be involved in Strategic Planning
- Continue social media content to highlight the need and importance for volunteers in our communities
- Recommence a regular (quarterly?) newsletter to volunteers, members and donors highlighting what is happening at Hospice and how they can be involved

Appreciation:

- Plan to host volunteer appreciation events
- Create editorials showcasing who our amazing volunteers are and thanking them for their service