



October 2017 Newsletter



Halloween is rapidly approaching, and The Fernie Real Estate Company has once again selected Hospice as their charity of choice for their Carve for a Cause! We are responsible for selling 50 pumpkins while they take on selling an additional 85, so please help support Hospice & email dsouccar@telus.net to purchase your entry! Pumpkins are \$25 for an individual or \$50 for a company. We would deliver the pumpkin to you on the 25th and you would have 5 days to carve it & take it to Fernie Real Estate Company at 6pm on the 30th for the judging. 50% of the proceeds goes to Hospice & the other 50% goes to the charity of choice for the winner of the carving contest. Thank you Fernie Real Estate Company!!



Another exciting event coming up that supports Hospice is the Ladies Night of Indulgence at the Ghost Rider Trading Company! The event takes place on November 10th at 7pm. Tickets are \$15 and available in store now. Come out & support this incredible event!

ERNIE
CARDLOCK



The Fernie Cardlock continues to donate 4 cents of every litre purchased with a debit card to Elk Valley Hospice during the month of October, so don't forget to support them too!



Eleanor Tweddell, RMT, Thunder Meadows Health and Wellness, has experienced the benefits of palliative/chronically ill massage through her father's medical emergency which placed him in critical care for two months. Eleanor and her family made a point to massage her father daily significantly increasing his comfort level and decreasing his need for higher dosages of pharmaceuticals. His doctors were impressed at how quickly he regained his strength.

Eleanor, in her role as a volunteer board member with Elk Valley Hospice, has asked her colleague Christine Sutherland to come to Fernie to teach a Palliative Massage workshop; the goal is to show people massage techniques which help provide comfort to palliative patients or could even aid in the recovery of the chronically ill. The Workshop will be held at the College of the Rockies on Nov 4th from 8am-4pm followed by a free Hospice information session starting at 4:30PM.



Exciting news!! Darcie Musil introduced us to the idea of offering our palliative patients virtual reality experiences from their bucket list and we are busy exploring opportunities for funding this! <http://www.cbc.ca/news/canada/british-columbia/castlegar-hospice-grants-wishes-with-virtual-reality-1.4315725> Volunteers who attend the Volunteer Appreciation Night on December 6th, will have an opportunity to experience this fabulous technology firsthand!!

Client Services Directory

We are busy designing a Client Services Directory for our clients. If you have any ideas for input or if you wish to have a listing in the Directory, please let us know.

Client Intake



In the last month, we've had 2 requests for sitting with clients. Regrettably, one passed away before we could satisfy her request, but there is one ongoing at Rocky Mountain Village, so please help out when you can.

Volunteer Appreciation



This year, our Volunteer Appreciation evening will take place at the Best Western Plus Fernie Mountain Lodge at 6pm on December 6, 2017. We will be inviting the nurses from the Hospital to come and participate as well to try & bridge the gap and encourage them to remind their patients to use our services. Director Margaret Hinton will once again lead some fun group activities as well as introducing you to virtual reality, so please plan to attend the event! We look forward to being able to say thank you in person!

Elk valley Hospice commits to being an inclusive and accessible organization.

